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TOGETHER WE CARE - Training for professionals  
on the together model  
*Brussels – 18.03.2022*





# ▶ GOAL

Aim of this result is to develop training resources for professionals so that they can

- offer the training workshops independently to families and groups
- make use of the awareness raising materials developed in IO1.

The whole project process and materials were collected in an **e-learning course** as well as in a **paper booklet**.

The course is available in English, German, Italian and Greek and was tested by professionals in the partner countries.

ENSURE  
REPLICATION



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# ► MODULES

## Module 1

The aim of this module is to **improve knowledge and awareness of young carers and the issues impacting these young people and their families**. This module will also explore **why taking a whole family approach** to supporting young carers is important.

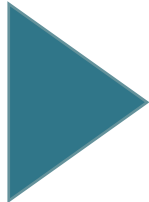
## Module 2

The module introduces practitioners to the **importance of awareness and self-identification of young carers**. It summarizes the process undertaken by the Together project partnership in creating awareness raising resources. It advises practitioners in using these resources effectively to support young carers using a whole family approach.



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# MODULES

## Module 3

The final objective is to **be able to deliver a series of interactive workshops for young carers and their families**, which aim to support the creation of an open dialogue about the care situation, the impact of caring on the young person and how the whole family can respond to this by helping relationship building within the family.

## Module 4

Module 4 demonstrates the **importance of evaluation** and provides suggested tools to achieve this.

## Module 5

This module presents **good practice that exists across Europe** to address the needs of young carers. As well as practical examples, this module outlines the benefits of co-production and the added value of international collaboration and knowledge exchanges.



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 <https://togethereuproject.eu/training/>


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Together eCourses

Corsi disponibili

  
TOGETHER WE CARE  
A whole family approach for young carers  
Carers Trust Scotland

  
INSIEME PER LA CURA  
Un approccio basato sulla famiglia per i giovani caregiver  
AIS (Italia)

  
GEMEINSAM SORGEN WIR  
Ein Ansatz für die ganze Familie für junge PflegerInnen  
Deutsches Netz Berlin (Deutschland e.V.) (Deutschland)

  
ΜΑΖΙ ΝΟΙΑΖΟΜΑΙΤΕ  
Με ολόκληρη την οικογένεια (ανάπτυξη και υγεία, σπουδαίο)  
KIDRO GERA, Greece

TOGETHER  
TRAINING

Announcements

### MODULE 1 - INTRODUCTION

This e-learning course is for professionals and volunteer workers who are working with children, young people and families in youth or health and social care sectors.

There are many children and young people who provide unpaid care to family members in every society.

The aim of this module is to improve knowledge and awareness of *young carers* and the issues impacting these children and young people and their families.

In this course, we will also explore why taking a whole family approach to supporting young carers is important.

- Young Carers
- The whole family approach: what is it

Resources

- Video from Carers Trust, Pie - A Story for Young Carers
- Video from Carers Trust Scotland, Media Ambassadors 2020
- Bibliography

Self-assessment test



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# ▶ PILOTING (34 USERS)

- Almost **95%** say that they would recommend the e-learning to other practitioners.
- Over **90%** said that the course improved their knowledge of young carers and has improved their knowledge of awareness and self-identification of young carers.
- A full **97%** said that the e-learning course had improved the knowledge of the whole family's approach.
- Nearly **95%** of the participants understood the importance of clear and positive communication with young carers and family members (including the cared-for person) through the e-learning course.
- Almost **3/4** of the participants report feeling confident in implementing the Together model for positive communication and mutual support between young carers and family members.
- The clear **majority** of professionals' state that the materials and tools presented in the e-learning course can help them in their own practice





# ► CONCLUSIONS

- The online course offers the possibility for professionals of different disciplines who have contact with the target group to train themselves at any time and place.
- The pilot phase clearly shows how many professionals have not yet had any contact with the group of young carers and how many knowledge gaps exist on this topic.
- In addition to providing information, the e-learning course also serves as a basis for the work of these professionals. Since the course encourages the use of the materials developed in the together project, professionals are directly given a guideline for action. In this way, the group of young carers and their families can receive the necessary support and the negative consequences of inappropriate care can be detected and corrected.





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LEARN MORE ABOUT THE PROJECT

<https://togethereupproject.eu/>

# THANK YOU

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