

‘Together: A Whole Family Approach for Young Carers’

Monday 7 March, 09:30 – 12:30

The Holiday Inn, West Nile Street, Glasgow

Event Programme

09:15 – 09:30	Welcome! Tea/coffee and pastries on arrival.	
09:30 – 09:40	Ice breaker An opportunity to get to know one another at each table. Question Box activity.	Nicola Bell Facilitator at each table to support with question box activity
09:40 – 10:00	Introduction to the project The background of a whole-family approach to supporting young carers and an overview of the Together project.	Paul Traynor
10:00 – 10:10	Presentation Part 1: Awareness Raising Resources Raising awareness and encouraging young carers to self-identify is vital to ensure that inappropriate caring does not take place and young carers and their families receive the	Nicola Bell Young Carers

	<p>support available to them. Our resources aim to raise awareness of young carers and the impact caring roles can have on a young person's life, as well as encouraging young people and their families to seek out the support that is available.</p>	
10:10 – 10:30	<p>Breakout discussions:</p> <p>This is a chance to discuss what you have heard so far in smaller groups, with other participants.</p> <p>Prompts for this include:</p> <ol style="list-style-type: none"> 1. Do the families you work with understand the impact caring roles can have? 2. Would these resources be beneficial to your service? If so, when would you use these and who would you share them with? <p>The session will be facilitated by a member of the Carers Trust Scotland team.</p> <p>Feedback</p> <p>Group facilitators will feedback discussion points to the room.</p>	Facilitator at each table to support/ feedback
10:30 – 10:55	<p>Presentation Part 2: Whole family workshops</p> <p>Learn more from Carers Trust Scotland and YSortIt Carers Service about the creation and delivery of whole family workshops. These aim to facilitate open dialogue around the caring relationship within the family.</p> <p>YSortIt: Sharing best practice</p> <p>Hear directly from YSortIt carers centre about their experience delivering the whole family</p>	<p>Nicola Bell</p> <p>Allison Donnelly</p>

	workshops and the wider family work they deliver as a service.	
10:55 – 11:10	Coffee/Tea break	
11:10 – 11:35	Over the Wall: family camps Hear directly from Over the Wall on their family camps and opportunities to refer young carers and family members.	Steph Bullock via Zoom
11.35 – 12:00	Breakout discussions: This is a chance to discuss and reflect on best practice in smaller groups, with other participants. Prompts for this include: <ol style="list-style-type: none"> 1. Does anyone have any best practice/initiatives they can share? 2. What are the main barriers to wider family work in your service? Participants can also read through the question box cards from the beginning of the session. The session will be facilitated by a member of the Carers Trust Scotland team.	Facilitator at each table to support/ feedback
12:00 -12:15	Feedback Group facilitators will feedback discussion points to the room	
12:15 – 12:30	Final comments Final round up of the session including signposting practitioners to the e-learning programme. An opportunity for final questions. Thank you and evaluations.	Louise Morgan